

This Is Who I Am

All that I am, I am because of Jesus Christ. No fear, no doubts, no guilt, no shame—***this is who I am:***

I Am Loved and Accepted:

- ✓ John 1:12 I am a beloved child of God.
- ✓ John 10:28 I have eternal life with Christ, and no one can snatch me out of His hand.
- ✓ Romans 8:35–39 Absolutely nothing can separate me from the unconditional love of Christ.
- ✓ Philippians 3:20 I am a citizen of heaven.
- ✓ Ephesians 1:4–5 I was chosen by God before creation and adopted as His child.
- ✓ 1 Corinthians 6:19–20 I belong to God because I was bought with the price of Christ and the Holy Spirit dwells within me.
- ✓ Romans 5:1 I have been justified (declared righteous) by my faith in Jesus Christ.
- ✓ Colossians 1:13–14 I have been redeemed by Christ and forgiven of my every sin.
- ✓ Hebrews 4:14–16 I have direct access to God’s throne of mercy and grace through Jesus.
- ✓ Colossians 2:9–10 I have the fullness and completeness of Christ in me.
- ✓ 1 Corinthians 6:17 I am united with Christ and one with Him in spirit.

I Am Secure in Christ:

- ✓ 2 Corinthians 5:17 I am a new creation in Christ, the old me is no more.
- ✓ Ephesians 4:22–24 I put off the old self and put on the new in the attitude of my mind with the righteousness and holiness of Christ.
- ✓ Romans 8:1–2 I am free from all condemnation and free from the power of sin and death.
- ✓ Ephesians 3:12 I may approach God with full freedom, confidence, and assurance.
- ✓ Romans 8:28 I know that God is working for my good in all things.
- ✓ Philippians 1:6 I am confident that God will complete the good work He’s begun in me.
- ✓ 2 Corinthians 1:21–22 I am established, anointed, sealed, and guaranteed by His Spirit in me.
- ✓ Galatians 2:20 Because Christ gave His life for me, I live not for me but for Christ in me.
- ✓ 2 Timothy 1:7 I have not been given a spirit of fear, but of power, love, a sound mind, and self-discipline.
- ✓ 1 John 5:18 I am fully safe and secure and the evil one cannot harm me.
- ✓ Deuteronomy 31:6 The Lord is always with me—never will He leave me or forsake me.

I Am Significant and Valuable:

- ✓ Genesis 1:27 I am made in God’s image by His perfect design.
- ✓ Psalm 139:14 I am fearfully and wonderfully made, knit together by the hands of God.
- ✓ Jeremiah 1:5 I have been set apart by God for His good purpose.
- ✓ Jeremiah 29:11 God has a unique and special plan for me—not for harm—but to give me hope, prosperity, and a future.
- ✓ Ephesians 2:10 I am God’s handiwork, prepared by Him to do His good works.
- ✓ 1 Corinthians 3:16 I am God’s temple and He resides in me.
- ✓ 1 Peter 2:9 I am chosen, a part of God’s royal priesthood, holy, and His special possession.
- ✓ John 15:16 I have been chosen and appointed by God to bear good fruit that lasts.
- ✓ John 15:5 I am directly connected to Christ, the vine, to bear much good fruit.
- ✓ Ephesians 2:6 I am seated with Christ Himself in heaven.
- ✓ Philippians 4:13 I can do all these things through Christ who strengthens me.

Say it again, over and over. ***This is who I am!***